

# Mileage and Parking for Medical Appointments

If you are enrolled in a Medical FSA plan you may be able to be reimbursed for parking and mileage expenses incurred while receiving medical care.

**Mileage Reimbursement:** To claim mileage, you will need to submit a claim online (or use a claim form), provide documentation that you were at an eligible provider on that date, and provide documentation of the round trip mileage.

**Mileage Rate:** Mileage rate for 2026 is 20.5 cents per mile

**Parking Reimbursement:** To claim parking expense for a medical service, submit a manual claim through your online account (or use the claim form), provide documentation from your provider reflecting an eligible service on that date, and provide a copy of the corresponding parking receipt.

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