

What is the Run Out Period?

A **run-out** period is a timeframe in the new plan year during which you can file claims for expenses incurred in the previous plan year. This timeframe is established by your employer—not the IRS. While timeframes vary from employer to employer, a 90-day run-out period is common. If your plan year ends on December 31, and you have a 90-day run-out period, you have until March 31 of the following plan year to use money left in your Healthcare FSA.

WHERE TO SEE YOUR PLANS RUN OUT DETAILS

To confirm if your plan offers a run-out, log into your online account. To see your plan filing dates hover your cursor over the i (information) icon next to the plan name.

Accounts	
01-01-22 TO 12-31-22	
Medical FSA 2022 	AVAILABLE \$500.00

Click on the i to see plan dates:

01-01-22 TO 12-31-22

Medical FSA 2022 

AVAILABLE
1/1/2022 - 12/31/2022
Final Filing Date: 3/31/2023
Final Service Date: 3/15/2023