What is a qualifying event for COBRA

There are specific events that may result in eligibility for COBRA.

Qualifying Events

For employees:

- Voluntary or involuntary loss of employment
- Reduction of the number of hours of employment

For spouses:

- Termination of the covered employee's employment
- Reduction in the hours worked by the covered employee
- Divorce or legal separation from the covered employee
- Death of the covered employee

For dependent children:

- Same as those for the spouse
- Loss of dependent child status (turning age 26)

